



Wellness Ambassador Network Member Position Description

Wellness Ambassador Network (WAN) members are CRNA/nurse anesthesiologist and RRNA volunteers who have successfully completed or renewed the Wellness Ambassador Micro-credential. This Micro-credential provides members with the necessary training and education to be well informed of many wellness resources and a range of holistic well-being topics pertaining to CRNAs/nurse anesthesiologists and RRNAs. WANs have the tools and skills to create greater awareness of available resources to their peers. Primarily, this is an outreach position for education and resource distribution purposes as well as participation at the state and local level to promote the importance of holistic well-being. WANs are supported by the [AANA Wellness Committee](#) (WC). See also [AANA.com/WAN](#). The WAN role is to provide:

- Resources to CRNAs/nurse anesthesiologists and RRNAs to address issues related to SUD, stress, workplace wellness, bullying, and adverse events.
- Education through outreach and participation at the state and local levels to build awareness of the importance of holistic well-being and decreasing the occupational risk of SUD.
- Encouragement to peers to practice professional and personal well-being.

Criteria for WAN appointment:

- Current AANA Membership – active, inactive, or retired status
- Successful completion/renewal of the [Wellness Ambassador Micro-credential](#)
- Dedication to serve as an ambassador for holistic well-being and work to decrease the occupational risk of SUD.
- Active email account for WAN correspondence.
- The ability to participate in one or more state/local level events to promote the importance of holistic well-being and available resources.

Responsibilities and Commitments:

1. Timely response to CRNA/nurse anesthesiologist, RRNA, WC requests, and staff-initiated WAN check-ins.
 - a. Relay SUD situations to the [AANA Helpline](#)
 - b. Access the AANA position statements, policy considerations, recommendations, and resources related to wellness and SUD.
2. Continued renewal of the WAN Membership (Once per year).
3. Participate in state association activities to provide resource information personally or by engaging others. If your state has a wellness committee, collaborate to provide resources within your state. More info at [AANA.com/StateWellness](#).
4. Keep AANA Staff informed of outreach and education opportunities that you have participated in
5. Utilize the AANA Wellness Ambassador Network Forj Community for resources, networking, and providing AANA Staff with updates on outreach/education efforts.

Restrictions: An AANA WAN volunteer is not authorized at any time to,

- Respond to crisis calls
- Provide mental health care
- Make a medical diagnosis
- Provide professional therapy or any kind of mental health care treatment
- Provide legal advice or other professional advice of any kind

If a WAN is found to be performing any of the above actions, they will be promptly removed from the AANA Wellness Ambassador Network.

Reporting Relationships: WANs are part of the Wellness Program. They may call upon members of the Wellness Committee or AANA staff members for information or help in locating resources.

Term of Appointment: Yearly review of commitment and renewal of the WAN membership is required. The WAN list will be updated annually. If the member has the desire and continues to complete the WAN membership renewal, terms may be renewed every year.

Wellness Ambassador Renewal Process

Wellness Ambassadors are expected to renew their network membership on a yearly basis to demonstrate that they are dedicated life-long learners. There are two options to complete this renewal process below,

Option One: Online Webinar

On a yearly basis the AANA will host a webinar providing additional education around wellness topic(s). This webinar will also include reminders about AANA contact information, resources, and encouragement to connect with other Wellness Ambassadors through the Forj Community. Network members can attend this webinar to renew their network membership.

Option Two: Attending the Jan Stewart Memorial Lecture at Annual Congress

Network members who attend Annual Congress will have the option to attend the Jan Stewart Lecture in lieu of attending the webinar to renew their network membership.

- Network members will need to submit their Annual Congress evaluation forms stating that they did attend the Jan Stewart Memorial Lecture to education@aana.com for verification following the Annual Congress meeting.

For Residents:

Residents will not be expected to renew throughout their time as a Resident network member.

- Residents will need to move to CRNA status following the completion of their program and graduation to continue to be a part of the Wellness Ambassador Network. This would require newly certified CRNAs to complete the CRNA Wellness Ambassador Micro-credential and follow the renewal process stated above.

Revocation of Appointment: In the event the WAN is not meeting requirements, the WAN appointment may be revoked based on, but not limited to the following:

- Non-renewal of AANA membership/dues payment
- Failure to complete mandatory Micro-credential renewal
- Inability to adhere to established AANA expectations for handling and referring crisis situations

Questions: email wellness@aana.com