

Resources for Wellness & Substance Use Disorder Education and Research

For these resources and more visit:
aana.com/HWEducation

CRNA and SRNA awareness of the benefits of maintaining personal health and wellness, as well as recognizing the occupational risk for substance use disorder, helps ensure patient safety and rewards overall well-being.

A wealth of resources available online:

- Videos including, “Wearing Masks” and “Pleasure Unwoven”
- Compilation of Research and Published Resources on health, wellness, and addiction topics
- Wellness and Substance Use Disorder online learning modules
- SRNA Substance Use Disorder Risk Videos
- and More!

Also includes...



**Jan Stewart
Memorial Wellness
Lecture Series**

Named after our respected colleague, 1999 - 2000 AANA President Jan Stewart, CRNA, ARNP, the Jan Stewart Memorial Wellness Lecture Series features speakers on wellness-related topics at each AANA Nurse Anesthesia Annual Congress.