



AMY D. GRAHAM, CRNA

How long have you been a CRNA? Do you specialize? Do you have a favorite type of anesthesia/surgeries? Describe your practice?

I have been a CRNA since 2006. I am a partner of an all-CRNA group (Kearney Anesthesia Associates) in the middle of Nebraska (Kearney). I do not specialize, as our group covers a broad range of specialties in our town. We cover a very busy 10 suite OR at Good Samaritan Health Systems, also endoscopy suite, radiology, and OB. As well as three surgery centers in town. There are also 6 anesthesiologists in our town and we have always functioned separately and independently from them and have a good relationship with them. My favorite surgeries would probably be orthopedics because we do a broad range of blocks and this keeps me challenged and always helps me to grow.

Why do you support the Foundation?

I support the Foundation because I know how vital education and research is to our profession. I support the Foundation monetarily and try to increase my giving every year as I know this is the best way to support our Foundation. I also serve, with my friend and colleague Sarah Langan, as our state Foundation advocate. I attend fall leadership every year to help learn how to better serve my state as Foundation advocate. This is how I stay professionally involved, as well as attending state meetings and board meetings when I can.

Highlight your career, what is your proudest accomplishment?

A career highlight for me is that I serve as the clinical liaison between Kearney anesthesia associates and BryanLGH School of Nurse Anesthesia. I orient the students when they come to do their clinical rotations and act as their "go to" person while they are in Kearney bits, which is very rewarding. We learn so much from our students and they keep us all on our toes here! Working with the students is a highlight of my career.

What are your future goals?

My future goals regarding my career include learning more ultrasound techniques for regional blocks and I would like to do some medical missions trips, delivering anesthesia to underserved populations and providing education to these people as well.

How do you spend your free time? What are your hobbies and interests?

In my free time I enjoy spending time with my family, reading and exercising. I am a competitive bodybuilder (figure fitness division) and enjoy traveling to where the sport takes me and competing! I also do triathlons competitively. I love pushing my body as far as I can and enjoy the physiological aspect of the diet, carb-cycling and nutrient timing to compliment my workouts. I also enjoy doing philanthropy and outreach and recently returned from a ten day Christian mission trip to Belize.

I look forward to what challenges life and my career holds for my future!