

Burnout and CRNAs

Recent U.S. data on burnout in healthcare indicates a recent surge in nurse anesthesia. Despite this trend, most burnout research in anesthesia has focused on Anesthesiologists and CRNA-equivalent anesthesia professionals from other countries.

“ *This is particularly concerning given CRNAs’ critical role in the future of US healthcare delivery.* ”

- Del Grosso B, Boyd AS. Burnout and the Nurse Anesthetist: An Integrative Review. AANA J. 2019; 87(3): 205-213.

For more information visit:
aana.com/burnout

The World Health Organization (WHO) has classified burnout as a medical diagnosis in the latest edition of ICD-11 (04/2019).

Available AANA Resources on Burnout:

- Wellness in the Workplace, Emotional and Mental Well-Being and Physical Well-Being
- AANA THRIVE for resources on career transitions
- Resident Stress
- Ergonomics - 10 simple stretches to do anywhere
- Wellness/Stress/Substance Use Disorder research articles

AANA Journal Article:

- Burnout and the Nurse Anesthetists - June 2019

Also includes...



Online Podcast

Open Anesthesia: Burnout and Wellness, 2018

Drs. Robert Holzman and Amy Vinson